

# Heathlands Core Value Autumn 2020 – Courage

Inspiring innovative, caring and inclusive members of the local and global community Matthew 5:14

BE STRONG  
AND  
COURAGEOUS!  
THE LORD IS  
WITH YOU  
WHEREVER  
YOU GO!  
Joshua 1:9



## Talk together about Courage

Being courageous can mean different things to different people. For example, one person may think it easy to speak in front of a large audience, whilst another would need to find lots of courage to do this. Everyone faces challenges from time to time, and we have to find courage to overcome them.

Talk together about:

- The different challenges that each family member faces
- Who or what helps us find courage?
- Is there someone that we admire because of the courage that they have shown?

This half term our pupils will be learning about the core value of Courage.

The definition of courage is the ability to do something that frightens one; to have strength in the face of pain or grief.

“Courage is not the absence of fear, but the willingness to overcome that fear.”  
Nelson Mandela

*Be Strong  
and let your heart  
take courage  
Psalm 31:24*

## Home School Challenge – Upload to Seesaw!

Each year awards are presented to children throughout the country who have shown outstanding bravery and courage in overcoming huge challenges in their lives. (Google ‘UK children of courage awards’ to see some examples.)

Design a nomination for a child that you know and believe should be recognised for their courage. Remember, there are different kinds of courage and different ways of showing bravery. The nominations will be displayed on the Core Value display in school.

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## **The Courage of David the Shepherd Boy**

One day as David the shepherd boy was carrying lunch to his older brothers in the Israelite army he heard an angry booming voice thunder across the fields. “I am Goliath, and I dare you to pick someone to fight me.” The voice was coming from the Philistine ranks and went on taunting the Israelites and their God. As David grew closer he could see the giant Goliath strutting up and down. He could also see the terrified faces of King Saul and his soldiers. This made David very angry and more than a little ashamed. He decided he must go and see the king.

“I will fight that bully Goliath!” David announced. It was all that King Saul could do not to laugh out loud. “You are just a boy David, a small boy. Goliath has been a mighty soldier all his life.” “But when the wild animals attack my father’s sheep,” protested David, “I fight them off with my sling and staff. I have killed many lions and bears and I will do the same to this wicked Philistine. Do not fear for God is on our side.”

King Saul was taken aback. “Well, I suppose you should be given a chance. At least let me lend you some armour and a sword.” But the armour was heavy and David was not used to it. He returned the armour to Saul and instead picked up five smooth stones from the stream and marched out courageously to face Goliath. The giant laughed scornfully at the small boy and shouted curses at him. David did not flinch. “This very day you will be defeated and everyone here will see that the Lord does not need swords or spears to save his people.”

As Goliath lowered his shield and aimed his spear at the boy, quick as a flash, David loaded a stone into his sling, spun it around above his head and sent it spinning through the air towards Goliath. The stone struck the giant on his forehead and he crumpled to the ground. Goliath was dead. There was a moment of stunned silence before the whoops and cheers from the Israelite army echoed around the hillsides. This was a day no-one would forget, when the courage of a shepherd boy saved a nation.